

Microdermabrasion Consent Form

THIS FORM MUST BE COMPLETED & SIGNED BEFORE RECEIVING MICRODERMABRASION

- Do not wear contact lenses to treatment sessions. They can be placed in after treatment.
- Be off Glycolics, AHA's and any Retinol products 7 days before and after treatment.
- A minimum of 6 or more treatments are recommended in order to achieve desired results.
- No suntan beds to be used for 2 weeks post treatment.
- Sunscreen of at least SPF 15 to be applied and re-applied during sun exposure.
- Treated area to be kept clean and well moisturized.

Please be aware that you are not a candidate for Microdermabrasion if you have any of the following conditions:

- Undiagnosed lesions • Recent herpes outbreaks • Warts • Active, weeping acne (stages 3-4)
- Active Rosacea • Unstable diabetes • Auto-immune system disorders
- Epilepsy • Pregnant

Please be sure to communicate any medication or skin care products that you are currently using with the esthetician. Please also inform the esthetician if you make any changes to medication or skin care products throughout the course of your treatments. This will help avoid unwanted results.

INFORMED CONSENT

1. Diamond microdermabrasion relies on **microdermabrasion tips covered with tiny diamonds** to perform skin exfoliation.. Microdermabrasion is used to diminish the appearance of hyper pigmentation, fine lines and other skin conditions. This service is recommended no more than every 2-3 weeks to allow skin to heal.
2. After a treatment, the skin may feel tight, as if exposed to the sun or wind. Most side effects are temporary and generally subside within 72 hours. Possible (not probable) side effects include, and are not limited to, slight redness, extreme redness, swelling, bruising, stinging, tenderness, dry or flaking skin and lightening or darkening of the skin.
3. In addition, side effects could include slight blood spotting which may appear with deeper treatment levels.
4. Healing may take several days or longer.
5. Anytime the skin barrier is broken, there is a small risk of bacterial or viral infection.
6. Your fresh, newly exposed skin will be delicate. Protect it from the sun by using a moistening sun block cream. Keep the area clean and dry. Do not apply ordinary make-up for at least 3-14 hours after the treatment.(Only mineral powder recommended)
7. Avoid swimming and sun exposure for at least one week.
8. It is important to note that wrinkles, freckles and other age spots are cosmetic in nature and pose no medical threat if they are not treated. Microdermabrasion, therefore, is an elective, cosmetic procedure and only should be done with these considerations in mind.
9. I acknowledge that no guarantee has been given to me as to the condition of the complexion, skin pore size, wrinkles or the percentage of improvement expected following treatment due to each individual's unique reactions.
10. I understand that no specific results are guaranteed.

By my signature below, I acknowledge that I read "Microdermabrasion Consent Form" and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks, benefits and alternatives to this treatment and wish to proceed with the microdermabrasion.

CLIENT SIGNATURE _____ DATE _____

PARENT/GUARDIAN SIGNATURE IF UNDER 18YRS OLD: _____ DATE _____

Follow Up Sheet

Name: Last _____ First _____ Skin Type _____

Date	Treatment/Service	Product used	End Points	Home care/ Opp.

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